

# core

a green-powered detoxifier.

1oz of pure nutrition.



## what is core?

CORE is a green-based supplement, designed by scientists and fueled by the healthiest green and seed-based ingredients available. In just a 1oz packet, CORE delivers more antioxidants, vitamins, and minerals per-part than 8-9 servings of fruits and vegetables. It's truly a superfood supplement.

## how does core help your body?

We designed CORE specifically for the majority of humankind who fails to get their daily greens. But, even for the few who do, CORE acts as a detoxifier, cleaning and improving organ function. It can also manage blood pressure, insulin, levels, and cholesterol already within a healthy range. Additionally, CORE reduces tissue inflammation, boosts your immune system, and improves cognition and brain function. Simply said, drinking your greens has never done more for your body.



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# Supplement Facts

Serving Size 1 packet  
Servings Per Box 30

	Amount Per Serving	% Daily Value
Calories	15	
Total Carbohydrate	5 g	<1%*
Sugars	2 g	†
Seed Blend (Black Cumin Seed, Milk Thistle Seed, Cranberry Seed)	2 g	†
Herbal Blend (Kale Powder (leaf), Chlorella Powder, Spirulina Powder, Wheat Grass Juice Powder, Dandelion Powder (whole herb), Aloe Vera Powder (inner leaf), Sodium Copper Chlorophyllin)	1.9 g	†

\* Percent daily values are based on a 2,000 calorie diet.  
† Daily value not established.

*Other Ingredients: Water, Cane Sugar, Agave Syrup, Natural Flavors, Cultured Sugar, Citric Acid, Xanthan Gum, Malic Acid, Lactic Acid, Stevia Extract.*

may contain wheat / gluten

## key ingredients

**black cumin seed:** One of the most widely-used seeds in the world. Its high antioxidant concentration, vitamin and mineral profile, as well as chemical compounds make it a powerhouse that's both scientifically and historically-backed.

**kale:** One of the original superfoods. Packed with sulfur, dietary fiber, and more, Kale aids fat digestion and absorption, and the regulation of blood sugar.

**cranberry seed:** Contains high levels of polyunsaturated and monounsaturated fatty acids, phospholipids, phytosterols, and large amounts of antioxidants.

**spirulina:** A green algae, spirulina can help enhance brain function, improve white blood cell count, and liver health.

**milk thistle:** One of the world's most powerful liver detoxifiers. The oil that we extract from this seed is rich with antioxidants and other, cleansing compounds.

**wheat grass:** A superfood whose nutrient profile encompasses a heavy concentration of chlorophyll, vitamins, minerals, and digestive enzymes.

for more ingredient information, see our site.



make greens the core of your diet again.